

International Yoga Day

21st June is celebrated as International Yoga Day. This year also NDMC is participating in celebrating International Yoga Day. A list of schools with number of students & staff members has been prepared.

HoS are requested to prepare a list of students & staff who will practice yoga on the day. It is also requested that consent of parents may also be obtained. HoS of Primary Schools are requested to include the students of preferably class IV & V. HoS of Secondary & Sr. Secondary Schools are requested to include the students of class 6th to 12th classes instead of primary classes. Further they are also requested to mention the size of T-Shirt (28 to 44).

Number of students to be included in the list as mentioned below: -

S. No	Name of School	No of students to be called	No of staff, teachers & parents
1.	Atal Adarsh Bengali Vidyalaya, Gole Market	200	50
2.	Atal Adarsh Vidyalaya, Gole Market	200	50
3.	Atal Adarsh Vidyalaya, Havelock Square	200	50
4.	Atal Adarsh Vidyalaya, Mandir Marg	200	50
5.	Atal Adarsh Vidyalaya, Bapu Dham	150	25
6.	Atal Adarsh Vidyalaya Laxmi Bai Ngr.	150	25
7.	Atal Adarsh Vidyalaya Lodhi Estate	150	50
8.	Atal Adarsh Vidyalaya Moti Bagh	150	50
9.	Atal Adarsh Vidyalaya Kidwai Ngr.	150	50
10.	Atal Adarsh Vidyalaya Tilak Marg	150	25
11.	Atal Adarsh Vidyalaya, Lodhi Road	200	50
12.	Atal Adarsh Vidyalaya Ansari Nagar	200	50
13.	Atal Adarsh Vidyalaya Aurangzeb Lane	100	25
14.	Atal Adarsh Vidyalaya Aliganj	100	25
15.	Atal Adarsh Vidyalaya Babu Mkt. Sarojini Ngr.	100	25
16.	Atal Adarsh Vidyalaya Kitchner Road	100	25
17.	Atal Adarsh Vidyalaya Hanuman Lane	100	25
18.	Atal Adarsh Vidyalaya Netaji Ngr.	100	25
19.	Atal Adarsh Vidyalaya Babar Road	100	25
20.	Atal Adarsh Vidyalaya Balmiki Basti	100	25
21.	Atal Adarsh Vidyalaya Sangli Mess	75	25
22.	Atal Adarsh Prathamik Vidyalaya B-Avenue Sarojini Ngr.	75	25
23.	Atal Adarsh Prathamik Vidyalaya Babar Road	75	25
24.	Atal Adarsh Prathamik Vidyalaya Moti Bagh	75	25
25.	Atal Adarsh Prathamik Vidyalaya Netaji Ngr.	75	25
26.	Atal Adarsh Prathamik Vidyalaya R.K. Ashram Marg	75	25
27.	Atal Adarsh Prathamik Vidyalaya DG Block Sarojini Ngr.	50	30
28.	Atal Adarsh Prathamik Vidyalaya K Kamraj Lane	60	25
29.	Atal Adarsh Prathamik Vidyalaya Kaka Nagar	75	25
30.	Atal Adarsh Prathamik Vidyalaya Ashoka Hotel	60	25

31.	Atal Adarsh Prathmik , Vidyalya Kidwai Ngr.	75	25
32.	Day Time Sch. Kidwai Nagar	100	25
33.	Navyug School, Mandir Marg	200	50
34.	Navyug School, Peshwa Road	200	50
35.	Navyug School, Darbhanga House	75	25
36.	Navyug School, Jor Bagh	75	25
37.	Navyug School, Laxmi Bai Ngr.	150	50
38.	Navyug School, Moti Bagh	125	25
39.	Navyug School, Pandara Road	100	25
40.	Navyug School, Pataudi House	75	25
41.	Navyug School, Vinay Marg	100	25
42.	Navyug School Lodhi Road	150	50
43.	Navyug School Sarojini Ngr.	200	50
44.	Aanchal School	40	35
45.	Nirmal Primary School	75	25
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