







National Girl Day

On 12th September, the United Nations designated the day as National Girl Day to recognize the achievements of girls and women and to promote gender equality.

Girls are the backbone of our society and play a vital role in the development of our country. They are the future leaders and the ones who will shape the world of tomorrow.

We must ensure that girls have access to quality education and opportunities for growth and development. Only then can we build a strong and prosperous nation.

National Girl Day

On 12th September, the United Nations designated the day as National Girl Day to recognize the achievements of girls and women and to promote gender equality.

Girls are the backbone of our society and play a vital role in the development of our country. They are the future leaders and the ones who will shape the world of tomorrow.

We must ensure that girls have access to quality education and opportunities for growth and development. Only then can we build a strong and prosperous nation.

Women Empowerment

Women empowerment is the process of enabling women to take control of their own lives and to participate in the development of their communities and countries.

It involves providing women with access to education, skills training, and economic opportunities. It also involves promoting gender equality and ensuring that women have a say in the decisions that affect their lives.

Women empowerment is essential for the development of our country and for the well-being of our society. We must work together to ensure that all women have the opportunity to reach their full potential.

Women Empowerment  
Bachendri Pal

Bachendri Pal was the first Indian woman to ascend Mt. Everest (29,035 ft), the world's highest summit. With dreams in her eyes and conviction at heart, Bachendri joined the Nehru Institute of Mountaineering to learn the ropes of climbing in 1982.

She climbed the mountain in 1986 and became the first Indian woman to reach the summit. She was awarded the Padma Shri for her achievement.

Her legacy continues to inspire women to pursue their dreams and to break barriers.

ARUNIMA SINHA

Arunima Sinha is a remarkable woman who has overcome incredible challenges to become a professional mountaineer.

She was born with a physical disability, but she refused to let that define her. She pursued her passion for mountaineering and became the first Indian woman to climb the world's highest mountain, Mt. Everest.

Her story is a testament to the power of determination and the human spirit. She has inspired millions of people around the world and has shown that anything is possible if you have the will and the courage to pursue your dreams.



ESSAY - COMPETITION  
WOMEN  
EMPOWERMENT

